#### May

May 20 Seven @ Seven

May 22 Bring cookies for Winfield Rest Haven

May 24 Gals & Gab game night at 7:00 p.m. Bring your own snacks

May 26 4th Sunday Fellowship after morning services

May 26 Elders/Deacons meeting at 7:00 p.m.

May 31 Youth Hike

#### **GALS & GAB**

There is a game night planned for Gals & Gab on Friday, May 24 at 7:00 p.m. Bring your own snacks or eat before you come.

#### YOUTH GROUP HIKE, DEVO & LUNCH

There will be a Youth Group Hike, devotional and lunch on Friday, May 31 at the Chaplin Nature Center near Arkansas City. Meet at the church building at 11:00. Lunch will be provided.

#### SUMMER MISSION TRIP

There is a Summer Mission Trip being planned to take a group to Westview Boys Home. The plan is to leave Saturday, July 27 and return Saturday, August 3. There is no cost and no age restrictions. We need a head count. If you plan to go or have any questions, please let Wes know.

#### SILVER MAPLE CAMPS LADIES RETREAT

I am the vine, you are the branches, "Fruit Bearing for Jesus" is this years theme for Ladies Retreat. It will be held September 20-21 and this years speaker is Priscilla Sellers. The cost is \$50 or \$20 for Friday only or \$25 for Saturday only. Pre-register and pay online at www.silvermaplecamp.org. See bulletin board with info.

## **VACATION BIBLE SCHOOL 2019**

THEME: "Camp Out with Christ"

DATE: July 20th

TIME: 9:30 a.m. to 2:00 p.m.

AGES: Pre-School - 6th grade

# **Volunteers Needed!**

Teachers, Assistant Teachers, Group Leaders, Preschool Helpers, Kitchen Help See Brian or Lynette Turney

#### FROM THE PREACHERS DESK

**Fasting** 

Fasting may be the most neglected of the spiritual disciplines, but this was not always the case. Fasting was a big part of the Jewish culture in the time of Jesus and prior to his time.

The Bible is full of examples of men and women that fasted for a variety of reasons. By the time that Jesus came along the religious leaders, namely the scribes and pharisees, had made fasting very legalistic and taught that be as spiritual as them one had to fast at least twice every week

There have even been very influential men over the years that held to a similar vein of thinking. The world-famous evangelist John Wesley would not ordain a minister unless he was in the habit of fasting at least twice a week as evidence of his devotion to seeking the will of God.

Yet a careful observation of the Bible reveals that there was only one fast that was ever commanded by God and that fast was commanded of the nation of Israel once a year on the day of atonement. Leviticus 16:29-31 says,

This shall be a permanent statute for you: in the seventh month, on the tenth day of the month, you shall humble your souls and not do any work, whether the native, or the alien who sojourns among you; for it is on this day that atonement shall be made for you to cleanse you; you will be clean from all your sins before the Lord. It is to be a sabbath of solemn rest for you, that you may humble your souls; it is a permanent statute.

You may have noticed within that text that the word "fast" is not there. It is there, but unrecognizable to us because it comes in the form of "you shall humble your souls." The King James Version says it better as, "ye shall afflict your souls." It's better because that is what a fast is, it is a personal, physical affliction. The King James Version describes better what a fast is physically while the New American Standard describes the purpose of the fast.

It is an affliction of the body for the purpose of humbling oneself

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#### PRAYER LIST

Eloise Francisco-MRI came back clear; no concerns

Kaitlin Francisco-recovery from gallbladder surgery

Sandy Albin-recovering from surgery and cancer treatments

Mary Schaffer-(friend of Larry Helton) as she struggles with cancer.

#### THOUGHT FOR THE WEEK

Those who leave everything in God's hands will eventually see God's hands in everything.

#### (continued)

before God. Why were the ancient Hebrews ordered to observe this fast? To gain some level of perspective of how serious their sins were before a holy God and to understand the weighty significance of God forgiving those sins.

This was not the only time or reason why people fasted, but simply the only fast that God ever commanded. All other fasts were born of necessity.

When Jesus died on the cross, the annual Day of Atonement ceased to be. His sacrifice was a once for all sacrifice that put an end to the animal sacrifice system of the Old Testament.

Today, we are not commanded to fast, yet Jesus taught in Matthew 6:16, "Whenever you fast..."

While we are not commanded to fast, Jesus taught that there would be times when his followers would see the necessity to fast. What is that necessity born of? We'll answer that and much more in the Sunday sermon!

Much love to you all, my steadfast church family!

Wes LeFlore (918) 607-8489 or <a href="mailto:huskerwes1@gmail.com">huskerwes1@gmail.com</a>

# **Koine Greek Word of the Week:**

In today's text, the phrase "you fast" comes from the Greek verb nesteuo, and means "to abstain, as a religious exercise, from food and drink." There are many reasons for fasting in our world today but biblical fasting is always religious.

# Sermon Notes:

### HOW TO WORSHIP: PART 10, FASTING

Matthew 6:16-18

Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. Truly I say to you, they have their reward in full. But you, when you fast, anoint your head and wash your face so that your fasting will not be noticed by men, but by your Father who is in secret; and your Father who sees what is done in secret will reward you.

Fasting definition: To	, as a	
Exercise, from	and	·
2 Biblical Necessities of Fasting:		
1)	_	
2)	_	
How to Worship Properly:		
Make God	your	
for,		, and
<del>.</del>		
Additional Notes:		

THOSE WHO SERVE **SUNDAY, 10:30 AM May 19** SCRIPTURE READING Mike Neal **PRAYER** David Pierce **COMMUNION** Aaron Hines, Brian Turney Joe Church, Nathan Bradbury David Carroll, John Rayl **USHERS** DISMISSAL PRAYER Rex Harris **May 19 SUNDAY, 6:00 PM PRAYER** Tom Norris **COMMUNION** Brian Turney, Joe Church DISMISSAL PRAYER Rex Harris WEDNESDAY, 7:00 PM May 22

WEDNESDAY, 7:00 PMMay 22LEAD SINGINGKevin DoddsDISMISSAL PRAYERLeroy Lewis

ATTENDANCE SUNDAY—May 12

BIBLE CLASS	76
A.M. WORSHIP	134
P.M. WORSHIP	53
CONTRIBUTION	\$2,720
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**WEDNESDAY—May 8** 

Wes LeFlore

Auditorium—27 Teens—6 Bible Hour—9 Nursery—3

Total—45

COMMUNION PREP<br/>MayCOORDINATOR<br/>MayDavid Pierce

ELDEDG			
ELDERS		SCHEDULE OF SERVICES	
Rex Harris	Marvin Kline		
Ed Newberry	Tom Norris	Sunday	
		Bible Classes9:30 A.M.	
		Worship10:30 A.M.	
		Children's Worship.10:30 A.M.	
		Evening Worship6:00 P.M.	
DEACONS		Children's Class6:00 P.M.	
Kevin Dodds	Aaron Hines		
Leroy Lewis	Mike Neal	Wednesday	
David Pierce	Alan Shields	Ladies Bible Class9:30 A.M.	
		Bible Class7:00 P.M.	
MINISTER			



"Reaching Inward, Outward Upward, Downward"

# Wellington Church of Christ

217 W. 13th St.

Wellington, KS 67152

620-326-7511

#### **ORDER OF WORSHIP**

May 19, 2019

Call to Worship

Song #123 "The Steadfast Love of the Lord"

Song #794 "Unto Thee, O Lord"

Prayer

Scripture Zechariah 7

Song #383 "Jesus, Keep Me Near the Cross"

Lord's Supper

Song #528 "I Know That My Redeemer Lives"

Lesson

Song #959 "Just a Little Talk with Jesus"

**Closing Prayer** 

Every Sunday during the sermon we offer Children's Church to boys and girls ages 3 years through 2nd grade. They will meet in the study for stories, crafts and learning about Jesus.